

**Kannada Sangha Pune's  
Kaveri College of Arts, Science and Commerce  
National Service Scheme**

**Report of the Academic Year 2019-20**

**Yoga Day Celebrations**

**The Fifth International Yoga Day:** The Yoga Day was celebrated on 21<sup>st</sup> June, 2019 with great enthusiasm. The event was organized in association with Datta Kriya Yoga International Pune Center. Dr. A. J. Thanawala from Datta Kriya Yoga International Pune Center, explained the importance and benefits of Yoga to the staff and the students of the College. Dr. Thanawala explained the concept of Pran-Shakti, an essential component to keep our body and mind in healthy disposition. Dr. Thanawala conducted a session on Nadi sudhi, meditation, Pranayam and breathing techniques, and musical meditation for the participants.

Principal, Dr. Ashok Agrawal expressed the importance of Yoga for healthy life. He said that Yoga keeps us physically, mentally and spiritually balanced. It promotes harmony among people in their professional and personal lives.

Vice Principal, Dr. Muckta Karmarkar, Dr Anand Buddhikot, Student Development officer, Mr. Rohit Tambe Director of Physical Education, Mr.Sachin Deokate, NSS PO, Mr. Nilesh Nemade Asst. NSS PO, were present on this occasion. The teaching, non-teaching staff members and students participated in large numbers in the event. Dr Anand Buddhikot compered the program and proposed the vote of thanks.

**Participation in Guinness World Record**

Our NSS students participated in the Mega event organized by SPPU on **23<sup>rd</sup> June 2019**. During the event 16,731 saplings of Neem were distributed. The event was organized to created a new world record for distributing Neem saplings.

**Registration Drive For NSS Volunteers**

Registration Drive for the enrollment of NSS volunteers for academic year 2019-20 was organized during 13<sup>th</sup> July to 23<sup>rd</sup> July 2019. Selection of 100 volunteers has been done during the drive.

**A Tree Plantation Activity**

The tree plantation activity was organized at **Taljai hill**, Pune on 24<sup>th</sup> July 2019, under NSS. Principal Dr. Ashok Agrawal, Vice Principal Dr. Muckta Karmarkar, staff members and students participated in this programme. They motivated students by participating in this programme. Forest Guard - Rohini Gadge was also present on this occasion.

Mr. Sachin Deokate, Program Officer for National Service Scheme, informed the students about the issue of environmental conservation and made them aware about the causes and side effects of global temperature rise. Mr. Sumedh Waghmare, who is popularly known as "Birdman" entertained the students by mimicking Bird sounds such as peacock, pigeon, bulbul, and inspired them to enjoy nature. He helped spread awareness among the students about the importance of birds and the environment of birds.

Tree planting program consisted of digging pits for planting trees, planting trees, and watering trees, cutting weed and cleaning the surrounding area. The volunteers also collected plastic and

solid waste and cleaned the entire area. **Total 118 student Volunteers planted more than 200 trees**, including banyan saplings, peepal saplings, pomegranate saplings, etc. The campaign was successfully carried out with the help of APO Mr. Nilesh Nemade and members.

### **Telecalling Activity for Maharashtra Police**

**Total 10 volunteers** participated in 5 day activity conducted in association with **Alankar Police station** during 17<sup>th</sup> to 19<sup>th</sup> July 2019. The students worked voluntarily for **Telecalling Activity for Maharashtra Police**. These students then attended event at Police Commission office Pune and gave brief report and experience of the activity.

### **Orientation Programme**

The orientation programme of regular activities of NSS was organized on 13<sup>th</sup> August 2019 in the A.V room of the college. The event was presided by Principal Dr. Ashok Agrawal in presence of Vice -Principal Dr. Muckta Karmarkar, staff members and the students. **Dr. Shivaji Pacharne, District Coordinator** was chief guest for this programme. Mr.Nilesh Nemade, NSS Programme officer gave brief review about the NSS activities conducted by the college during last year and plan for current year.

Principal Dr. Ashok Agrawal in his address told the students that NSS is an opportunity to serve the society. He further added that participation in NSS will help them to inculcate leadership qualities along with the sense of national service. He appealed students to work with devotion and dedication.

Dr. Pacharne in his address appealed the students to come forward to help the flood affected people of Kolhapur and Sangli. He also explained the importance of NDRF and Disaster management work during such situations. He further told all the students that NSS will teach them to work systematically. He asked all the students to love themselves first, only then they will be able to serve the society better. He also said that, 'NSS students are very lucky as they will be able to solve all the problems in future confidently'. He appealed all the students to attend various state level & national level camps.

In this programme, the students who completed two years in NSS were felicitated with a certificate at the hands of the dignitaries.

### **Swachhta Pakhwada**

As per guidelines by SPPU the Swachhata Pakhwada was conducted in college campus. The theme of this year was creating "**Plastic Free Environment**". The details are as follows:

On the 1<sup>st</sup> August 2019 NSS volunteers and other students took the Swachhata oath.

For the next entire 14 days students worked for plastic free environment and cleaned the Class rooms, laboratory, library, corridor parking and canteen area, toilets, and outside roads and society under guidance of NSS committee members. They also visited **Matoshree Ashram** and conducted cleanliness drive there. Students also interacted with the Mr. Despande head of ashram and people staying in the Ashsram.

The students conducted **Awareness Rally** with the motive to create plastic free environment in nearby society. The students gave message of cleanliness by removing plastics on the road and through cleanliness slogans.

### **First Aid Training Workshop**

Two NSS volunteers took training for **first Aid** through workshop conducted by **Red Cross** during **22<sup>nd</sup> to 24<sup>th</sup> August 2019**.

### **Maharashtra Calamity**

The Fund raising activity for the relief of the victims of Maharashtra calamity has been conducted during 20<sup>th</sup> to 27<sup>th</sup> August 2019. Donations collected worth Rs. 16,056 by our college were sent to the Savitribai Phule Pune University.

### **Selection of NSS leaders for Academic Year 2019-20**

The selection of NSS volunteers for this year is done through the voting. Two camp leaders and two University representatives are selected through the process.

### **ROAD SAFETY AWARENESS PROGRAMME**

The 'Road Safety Awareness Programme' was organized in association with '**Maharashtra Traffic Police Branch**' on 29<sup>th</sup> August 2019. The event was inaugurated by Principal Dr. Ashok Agrawal in the presence of **Police Inspector Mr. Rajesh Puranik**, Traffic Branch, his colleagues, Vice Principal Dr. Muckta Karmarkar, staff members and the student volunteers. Mr. Nilesh Nemade NSS PO welcomed all the dignitaries and introduced the program. The programme started with 'Sadak Suraksha Song' by NSS volunteers.

On this occasion, Principal addressed all the students. He asked students to avoid rash driving. He appealed all to wear helmet and follow traffic rules while driving. He assured Mr. Puranik on behalf of students that they will extend helping hand to the traffic department whenever required and students will follow traffic rules.

Mr. Puranik in his address asked the students to follow traffic rules while driving. He shared the statistics of yearly deaths because of road accidents. He appealed students to channelize their energy and avoid keeping themselves occupied with gadgets while driving. He also asked students not to be selfish while helping the injured people in road accidents. He mentioned about the 'Satark Punekar' app and how it works. He further asked all to be a part of solutions and not a problem. He also shared the toll-free Nos. of ambulance, women safety, senior citizen and child abuse' etc. He shared his experience of many road accidents which were an eye opener for the students.

He also showed videos on 'India Vs. USA' Traffic, 'Distractions' etc. His session was interactive and was very informative as well. Programme was concluded with 'National Anthem'. Mrs. Manasi Joshi, Assistant Programme officer of NSS proposed vote of thanks

### **Swachh Bharat Abhiyan**

On Saturday 7<sup>th</sup> September 2019, **NSS unit of Kaveri in association with Management Guru, Mumbai Dabbawala** arranged a Kapada Bank drive, where people donated clothing, garments for the destitute. This event was followed by Swachhata Abhiyan. On this occasion Principal Dr. Ashok Agrawal, Subhash Talekar, President of Dabbawala Association, Mumbai who is also a brand ambassador of 'Swachh Bharat Abhiyan', his associates Mr. Vitthal Sawant and Mr. Anant Talekar actively participated in it and successfully carried forward the drive. Simultaneously a cleanliness drive was also conducted in the college campus where in Principal Sir, Dr. Muckta

Karmarkar Vice-Principal, Dr. Jayshree Bangali, Mr. Nilesh Nemade, Programme officer NSS, Mrs. Manasi Joshi, Asst. Programme officer and other NSS volunteers took part in it. The day proved to be eventful spreading awareness across the town and also served the purpose of commemorating 150<sup>th</sup> birth anniversary of Mahatma Gandhi

Besides, under Swachh Bharat Abhiyan, Nirmalya Collection Drive was conducted at **Dashbhuj Ganapati Temple**. This drive was conducted from **2<sup>th</sup> to 12<sup>th</sup> September during Ganesh Festival**.

### **Ganesh visarjan in Association with Red Cross**

On 12<sup>th</sup> September NSS volunteers in association with RED CROSS conducted a campaign to serve the people on the occasion of Ganesh visarjan. Volunteers distributed water bottles and also guided people in this event. Total 9 volunteers participated in the activity at Laxmi Road Pune.

### **NSS Foundation Day**

As per the directives from SPPU four volunteers attended event for Golden Jubilee Celebration of NSS at SPPU on the occasion of 24<sup>th</sup> September.

### **150<sup>th</sup> Birth Anniversary of Mahatma Gandhi Celebrated**

On the occasion of 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi various social activities under National Service Scheme Department were organized on 2<sup>th</sup> October 2019. Mr. Nilesh Nemade, Programme Officer explained the outline of the programme and welcomed all. Principal Dr. Ashok Agarwal in his inaugural address mentioned the importance of personality development which occurs through participation in NSS. Vice Principal Dr. Muckta Karmarkar, staff members and students were also present.

The programme started with NSS song. The dignitaries paid homage to Mahatma Gandhi and Lal Bahadur Shastri. After this, a rally was organized to spread awareness about cleanliness. Students exhibited posters based on the ideas of 'Swachh Bharat Abhiyan', 'Plastic Free India' and Mahatma Gandhi. They cleaned the campus and segregated the waste.

A guest lecture by Vijayanti Chiplonkar, Head of Bahishal Department, was arranged. She emphasised on the labour culture and how Gandhi was instrumental in promoting the same. She also acknowledged the importance of non-violence, mental health, social hygiene, organic food production, as preached by Gandhi. She further informed about the works of Sant Gadge Baba and Kasturba Gandhi to emphasize the importance of cleanliness. The programme was concluded by vote of thanks proposed by Mrs. Manasi Joshi.

### **Pune Ladak 'NEVA MAITRI PARVA'**

On 9<sup>th</sup> October total 15 volunteers and 3 staff members participated in the "Pune Ladak NEVA MAITRI PARVA" organised at Balgandharva by SPPU

### **SVEEP - मतदार जनजागृती**

**16 Oct 2019**

On 16 Oct 2019 NSS SPPU was arranged workshop with objective of creating awareness about voting, encourage voting and providing information to the new voters in Pune district Two NSS Volunteer Participated in this workshop.

## **CLEANLINESS DRIVE**

The cleanliness drive was conducted on 7<sup>th</sup> December 2020 in college campus. **Total 50 volunteers took part in this drive.** In this activity the entire college and campus were cleaned. Students collected plastic wastes, papers, bottles, dust and debris.

## **Special Winter Camp of NSS Unit of Kaveri College**

The National Service Scheme unit of Kaveri College of Arts, Science and Commerce in association with Savitribai Phule Pune University organized the seven-day Special Winter Camp at Kasar Amboli, Tal. Mulshi, Dist. Pune from 11<sup>th</sup> December 2019 to 17<sup>th</sup> December 2019. The theme of this year's Special Winter camp was "**Saksham Yuva Samartha Bharat, Ek Bharat Shreththa Bharat**". Hon. Mrs. Malati Kalmadi, Secretary, Kannada Sangha Pune, presided over the inauguration function of the camp. The camp was inaugurated at the hands of Hon. Sarpanch, Mrs. Shradhhali Sutar. Dr. Ashok M. Agrawal, Principal, Kaveri College of Arts, Science and Commerce, Dr. Muckta Karmarkar Vice Principal, Mrs. Suchismita Mohanty, Coordinator Arts, Dr. Jayashri Bangali, Coordinator Science, Dr. Deepa Sathe, Coordinator Commerce, Mr. Nilesh Nemade, NSS Program Officer, Mrs. Manasi Joshi, Assistant Program Officer, NSS, were also present for the same. In addition, Hon. Mr. Sagar Katkar, Member, Z.P, Deputy Sarpanch Mr. Shekhar Shinde, along with Grampanchayat Members, Mrs. Suvarna Marane, Mr. Rajendra Marane, Mr. Balasaheb Shinde, Mr. Suresh Sutar, Mrs. Suvarna Sutar, Mr. Prakash Kamble, other villagers, faculty members of the college and all NSS Volunteers were present for the inauguration. Total 50 NSS volunteers participated in the camp and rendered their service towards society with the motto 'Not Me But You'.

NSS volunteers followed a disciplined routine during the camp which included rally in the morning for creating awareness on social issues, cleanliness drives, activities with school students, guest lectures, etc. Guest lectures on varied topics were arranged for the students. Accordingly, Mr. Sachin Deokate conducted session on Financial Planning. Alumnus Mr. Siddharth Mehendale conducted a session on self defence technique for girl volunteers and also gave demonstrations on self defence. Dr. Ashwini Deshpande conducted session on 'HIV-AIDS' awareness on the occasion of World AIDS Day observed on 1<sup>st</sup> December. Mr. Shashikant Soman conducted session on NSS and personality development. Dr. Anand Buddhikot, conducted session on 'Goal Setting and Time Management'. Mr. Vikram Aarane conducted session on preparation for various competitive examinations. Mr. Nilesh Nemade conducted a session on 'Self Confidence and Leadership Skills'.

On 15 December 2019 Mr. Vishwas Shirsat, Deputy Collector, Mr. Yogiraj Bhagat, Assistant Commissioner, State Tax Dept., Mr. Amol Ingale, Deputy Director, Industries, Mr. Chaitanya Kadam, Assistant Commissioner, State Tax Dept., Mr. Aadesh Daphal, Tehsildar Mulshi, visited the camp site and shared their own journey from being a competitive exam aspirant to a government official. The experience sharing was indeed inspirational for the volunteers.

Dr. Shivaji Pacharne, District coordinator NSS, Pune and Dr. Avinash Shelar, Area Coordinator, NSS, Pune visited the camp site and guided the volunteers.

Members of Dr. Babasaheb Ambedkar Research and Training Institute, Pune conducted a session on 'The Constitution of India' and gave oath to the volunteers. NSS volunteers also visited Smt. Rani Laxmibai Military School to get information about the daily functioning of the school.

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also visited Smt. Rani Laxmibai Military School to get information about the daily functioning of the school.

The valedictory function was presided by Dr. Ashok M. Agrawal, Principal, Kaveri College. Dr. Muckta Karmarkar, Vice Principal, , Mr. Nilesh Nemade, NSS Program Officer, , Mrs. Manasi Joshi, Assistant Program Officer NSS, Dr. Anand Buddhikot, Student Development Officer were present for the same. Mrs. Shradhhali Sutar, Sarpanch, Kasar Amboli, Ms. Shekhar Shinde, Deputy Sarpanch, Mr. Umesh Sutar, member, Grampanchayat, Kasar Amboli, Mr. Mohan Shinde , member, Hon. Mrs. Chaya Bhilare member, Hon. Mr. Suryakant Gaikwad, Gramsevak, Mr. Kashilkar Bhausahab, Ex. Gramsevak graced the occasion. Course coordinators along with all NSS Volunteers were also present on this occasion.

Mr. Nilesh Nemade, Programme officer, NSS presented the report of NSS camp. Dr. Ashok Agrawal, Principal, in his speech congratulated the NSS unit and all the student volunteers for successful completion of the special winter camp. He thanked all the members of Grampanchayat of Kasar Amboli for their cooperation for successfully completion of this camp. Mrs. Shradhhali Sutar, Sarpanch, Kasar Amboli gave her best wishes for the future work of NSS unit of Kaveri College. Mr. Mohan Shinde congratulated all the NSS volunteers and staff members for their selfless service. He guided students through his own experience. Mr. Suryakant Gaikwad, Gramsevak also congratulated all the NSS volunteers for the social work done by them during the camp. Student volunteers shared their experiences, their learning etc. during the camp.

### **No Vehicle Day' at Kaveri College for Environment Conservation and Pollution Control**

Student Development Committee and NSS Unit of Kaveri College of Arts, Science and Commerce organized 'No Vehicle Day' on 30<sup>th</sup> and 31<sup>st</sup> December 2019 with an objective of making the students aware of environment conservation.

The drive was successfully carried out with the cooperation of college professors, non-teaching staff and students. The teachers and the students reached the college by using public transport like bus and rickshaw and bicycle. The program was organized with the aim of reducing pollution, making students aware of fuel conservation and avoiding noise pollution.

### **Youth Week**

National Service Scheme (NSS) Unit of Kaveri College of Arts, Science and Commerce in association with Savitribai Phule University have organized a Youth Week to commemorate the **157<sup>th</sup> birth anniversary of Swami Vivekanand**. Various events were organized from **12<sup>th</sup> January 2020 to 18<sup>th</sup> January 2020**.

On 12<sup>th</sup> January 2020, 27 student of our college and all NSS teacher members attended 'Youth Convention' at Ramakrishna Math, Pune, wherein various informative and impactful sessions like Believe in Yourself', Strong Determination, 'Concentration of Mind' were attended by the staff and the students. Sessions were conducted by Swami Buddhanand, Swami Krupanand and Dr. Shirish Limaye.

**13<sup>th</sup> January 2020** a lecture on 'Cyber Safety Awareness' was conducted by NSS volunteers, Atharva Deshpande and Piyush Lachake, students of FY BBA-CA in association with Quick Heal. They spread awareness about cyber security among the students of our college.

**14<sup>th</sup> January 2020**, A cleanliness drive was organised by the NSS department wherein the students of commerce stream had participated. The drive was organized to clean college campus which started at 7.45 AM.

**15th January 2020**, 'Makar Sankranti' was celebrated by NSS volunteers at 'Matoshree Old Age Home'. Students while distributing Tilgul to the Senior Citizens also interacted with them. They also got to know about the various facts and formalities of this Old Age Home.

16<sup>th</sup> January 2020, Helmet and Road safety Awareness was conducted by NSS Volunteers. The event was conducted at Dashabhuj Chowk at 10.30AM.

**17th January 2020**, Blood Donation camp was held in College campus. Students enthusiastically helped and donated blood. Around 50 students donated blood. For girl students of the college, free Haemoglobin checkup camp was also conducted. This event was conducted in association with Poona Serological Institute Blood Bank, Pune.

**18th January 2020**, the session on 'Importance of Time Management in daily life' was conducted by Dr. Anand Buddhikot, Asst.Prof. of Kaveri College for the NSS volunteers. This session helped them to understand the importance of Time Management, Goal Setting and how important is time management for managing stress.

### **NATIONAL VOTERS' DAY**

The National Voters day, **25<sup>th</sup> January 2019** was celebrated in Kaveri College of Arts, Science and Commerce with enthusiasm. NSS Programme officer Prof. Sachin Deokate gave the oath to the Students and staff. He also narrated the importance of voting and appealed all to execute the Right of voting and fulfill the responsibility as a citizen of India. This activity was conducted in the college AV room as well as in each and every class. Dr. Anand Buddhikot, Student Development Officer and Prof. Nilesh Nemade, NSS Asst Programme officer accompanied him.

### **REPUBLIC DAY**

NSS volunteers attended the Flag hoisting ceremony on Saturday, 26<sup>th</sup> January 2020 at 7:00 am on college grounds. The ceremony is followed by the Cultural and prize distribution event. On this occasion Volunteers also took samvidhan oath.

### **Participation in State Republic Day Parade**

NSS Volunteer **Mr. Nikhilesh Shivtare**, S.Y.B.Sc Computer Science participated in the Prestigious **State Republic Day Parade** (SRD) held on 26th January 2020 at Mumbai.