Kannada Sangha Pune's

Kaveri College of Arts, Science and Commerce, Pune

Faculty of Arts

Department of Psychology

Name of the Course: Value Addition Certificate Course on Counselling Skills

Eligibility: 12th Pass

Duration: 36 Hours

Fees: Will be announced before starting the course

Number of students: 40-50

Objectives of the Course:

1. To help the students develop counselling skills
2. To acquaint them to the counselling process

Syllabus:

1. Introduction – meaning, counselling process & types
2. Ethics
3. Counselling procedure
4. Effective characteristics of counsellors
5. Introduction to Cultural Formulation Interview from Diagnostic and Statistical Manual for Mental Disorders
6. Graphology and its relation with Psychology
7. Introduction to Neuro- Linguistics and Therapy

Course Outcomes:

1. Students will be able to understand the process of therapy and the approach of a therapist towards his/her client, dilemmas a person may face from societal and ethical perspective.
2. They will be able to understand the Dos & Don'ts that are followed by a counsellor while handling clients & disorders.

Ms. Suchismita Mohanty
Coordinator BA

Dr. Ashok Agrawal
Principal

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