

# Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce, Pune

## **Department of Commerce**

Name of the Course: A Course on Value Education

Eligibility: Students passed at 12th Standard/HSC/10+2 (or equivalent Level of Examination)

**Duration: 15 hours** 

Fees: Will be announced before starting the course

Number of students: 80-100 per batch

### **Objectives of the Course:**

- 1. To inculcate the values which are an utmost need of the hour to overcome various challenges
- 2. To adopt and implement the suitable values at appropriate time, understand various challenges in value adoption in this contemporary world

### **Syllabus:**

- **1.** Values for excellence in life: Developing Values, Personal Values, Family Values, Professional Values.
- **2.** Life Skills: Motivational Skills, Communication Skills, Life style modification, Accessibility and Addiction, Environmental Awareness.
- **3.** Spiritual Education: Different schools of meditation, exploring the self, universal concept of the supreme, changing the belief system, Self Esteem, Stress free living.

#### **Course Outcomes:**

- 1. The course is expected to acquaint students with the core values such as physical, mental and spiritual aspects of personality.
- **2.** The students are expected to develop respect for the dignity of individual and the society, inculcation of spirit of patriotism and national integrity.
- **3.** The course aims at developing tolerance towards understanding of different religious faiths as well.
- **4.** The course will help students to be a better human being and a strong pillar of society.

Dr. Deepa Sathe Course Coordinator

Dr. Ashok Agrawal Principal