Name of the Activity "Free Covid-19 Vaccination Drive"

Day and Date 25 and 30 th October 2021

Time **10:00 am**

Venue College Campus
Name of the Resource Person
Number of Participants YuvaSwasthya
30 volunteers

Brief Report

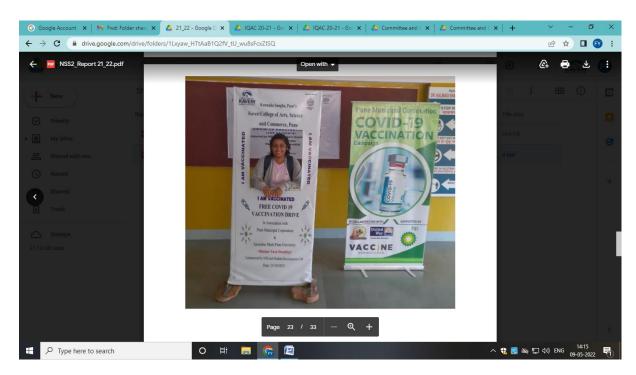
Kannada Sangha Pune's Kaveri College of Arts, Science and Commercein association with Savitribai Phule Pune University and Pune MunicipalCorporation united under "Mission Yuva Swasthay" to organise "Free Covid-19 Vaccination Drive" on 25th October 2021 and 30th October 2021. The ceremony was inaugurated by President of Kannada Sangha Hon. KushalHegde.Pune Municipal Corporation Kothrud Regional Medical Officers Dr. ArunaTarde and Dr. Nitin Mahalunge were felicitated by Hon. Kushal Hegde.

On this occasion Principal Dr. Ashok Agrawal appreciated the brave efforts of the NSS volunteers for their social contribution during the Covid-19pandemic. He also expressed the importance of the vaccination drive enabling the students to enjoy their learning in the safe environment of the campus. Maximum number of students availed themselves maintaining the safedistance, to grace the success of the Covid-19 vaccine drive. The volunteers of

NSS helped the program work swiftly. All the safety regulations were followeddiligently throughout the Mission. Vice-Principal of the Institute Dr. Muckta Karmarkar, Administration Officer of Kannada Sangha Mrs. Sumati Srinavasan, Student's Development

Officer Dr. Jayashree Bangale, and NSS Programme officer Mr. Nilesh Nemade organised and managed the entire event.







Name of the Activity **Covid Awareness**

Day and Date 23rd to 25th April, 2020

Time **10:00 am**

Venue College Campus

Name of the Resource Person NSS Officer- Mr. Nilesh Nemade

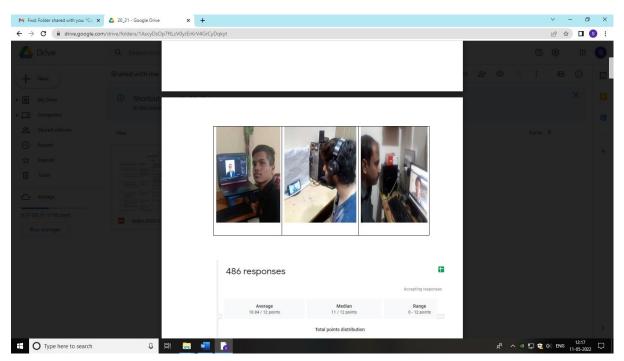
Number of Participants 7 volunteers

Brief Report

The following activities were conducted for Covid Awareness

- 1) E Quiz on Awareness about Covid-19 disease caused by corona viruswas conducted in the month of April. Total 486 students participated in the quiz. The quiz was conducted during 23rd to 25th April 2020.
- 2) The NSS Volunteers have prepared social awareness video andPosters on Corona pandemic. During this activity the volunteers haveinformed about social distancing, wearing mask and following all therules to fight against covid 19. The awareness posters and video wereforwarded on social media. The social awareness was created duringthe entire month of April. Seven NSS volunteers took part in thisawareness activity.
- 3) NSS volunteers took part in awareness activity on Covid. NSSvolunteers visited the families staying in their building and nearbysociety. They spread awareness regarding precautionary measures tobe taken against Covid. They informed about Arogya Setu app and appealed the people to use it. They also gave information about various covid center and emergency contact numbers in their areas.
- 4) NSS Program officer and five NSS volunteers attended MOYAS andUNICEF workshop on Facebook and also Uploaded photos to thefacebook account provided by SPPU.







Name of the Activity
Day and Date

Volunteering as Covid Warriors
28 August to 27 September,2021

Time **10:00 am**

Venue College Campus

Name of the Resource Person NSS Officer- Nilesh NemadeSanjeevan hospital

and seva arogya foundation.

Number of Participants **05 volunteers**

Brief Report

Total 5 NSS Volunteers have worked voluntarily for one month in more than 15 vaccination camp with Sanjeevan hospital and Seva Arogya foundation. During this event they had created social awareness by making video on COVID vaccination and forwarded it on social media.

List of students volunteering as Covid Warriors

- 1 Atharva Deshpande
- 2 Piyush Lachke
- 3 Raut Shubham
- 4 Khushi Shelke
- 5 Choudhary Ayush





Name of the Activity
Day and Date

Covid Vaccination Survey
11 th to 20 th October

Time --

Venue College Campus

Name of the Resource Person NSS Officer- Nilesh Nemade

Number of Participants 545 volunteers

Brief Report

Kaveri College of Arts, Science and Commerce had organized "Covid

Vaccination survey" for students to facilitate free vaccination and to conquer the pandemic situation in order to provide safe environment.

Total 545 students participated in the Survey.

The survey was conducted on 11th to 20th Oct 2021.



Name of the Activity A Session on 'My Family My Responsibility'

Day and Date 17th October 2020

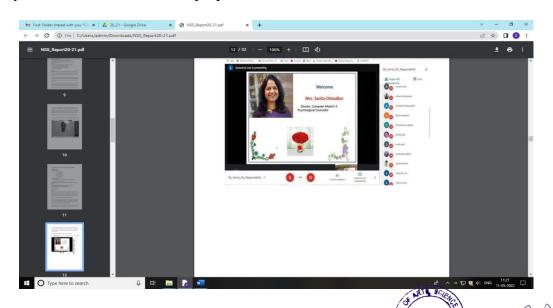
Time
Venue
Online
Name of the Resource Person
Number of Participants
O3:00 pm
Online
NSS Unit
40 volunteers

Brief Report

NSS unit of Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce organized a virtual session through Google meet platform on the topic 'My Family My Responsibility' on 17th October 2020. Ms. Sarita Chitodkar was the resource speaker for the session. She is actively involved in social service activities and counselling since last 14 years.

Mrs. Manasi Joshi, Assistant Programme Officer, NSS unit, introduced theevent and welcomed Resource Speaker Ms. Sarita Chitodkar, Principal Dr.Ashok Agrawal, Vice Principal, Dr.MucktaKarmarkar, Programme OfficerMr. Nilesh Nemade, committee members and students.Ms. Sarita Chitodkar, Resource Speaker for the day emphasized that all NSS volunteers should take the responsibility of their family members in thispandemic situation of COVID 19. Youth can bring favourable changes in thesociety. She also focused on the issue of mental and physical health duringthese difficult times. Students should take care of elderly as well as youngfamily members.

Ms. Sayee Kulkarni, member NSS proposed vote of thanks.



Name of the Activity The Changing Mindset of Youth due to COVID 19

Day and Date 18th January 2021

Time 12:00 pm Venue Online

Name of the Resource Person Ms. Rucha Shrikhande, practising Clinical

Psychologist

Number of Participants 33 volunteers

Brief Report

On 18th January 2021, a virtual session on 'The Changing Mindset of Youth due to COVID 19' was organised by the NSS Unit. Principal Dr. Ashok Agrawal, Vice Principal Dr. MucktaKarmarkar, graced the session. Mr. Nilesh Nemede, NSS Programme Officer introduced the topic and the guest. The resource person of the session was Ms. Rucha Shrikhande, practising Clinical Psychologist. She highlighted on the difference in physical and mental health. She brought to the notice of the audience that due to the pandemic and the lockdown there has been a tremendous increase in the cases of depression. The worry about the future has led to cases of anxiety and stress. She discussed the issues of the pandemic like no physical activity, career obstacles, work life balance, negative thinking etc. She gave a four-point remedy to the above issues, which were- express your feelings, find out what one needs, what are the things that can make oneself happy and feeling happy about yourself. Mrs. Bhakti Dandekar proposed a vote of thanks. During the session, all COVID guidelines were strictly adhered to and norms regarding social distancing, mask wearing and use of soap and sanitizer were followed.



