

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Covid Awareness

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Snehal varpe
4. Ms. Shweta Bhagat

Objective of the event:

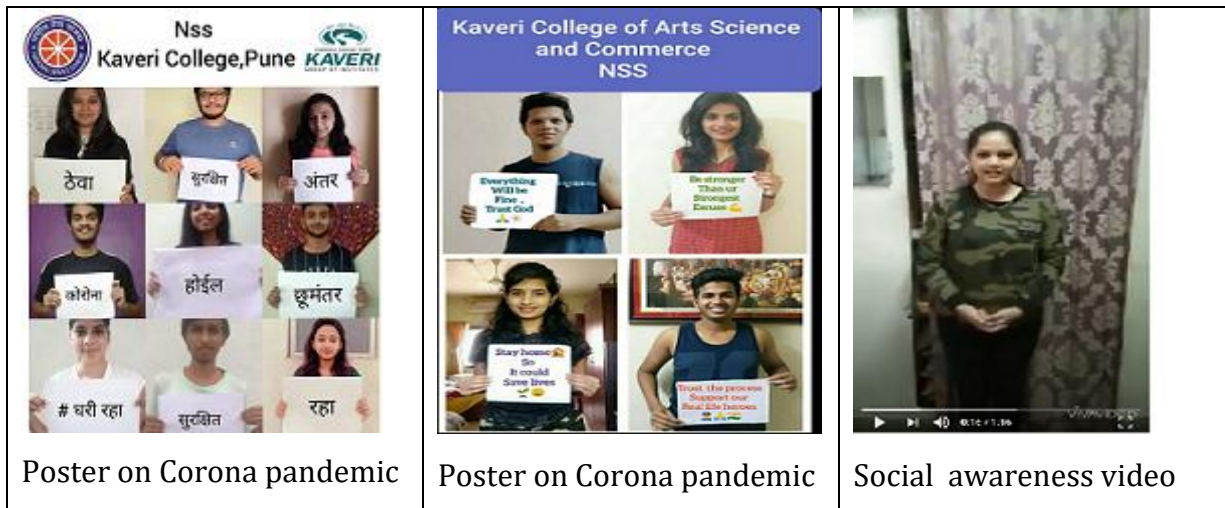
1. To create awareness in society about Covid-19 disease
2. To spread awareness about the precautionary measures to fight against covid 19.

Date and time of the event: April

Report

The following activities were conducted for Covid Awareness

- 1) E Quiz on Awareness about Covid-19 disease caused by corona virus was conducted in the month of April. Total 486 students participated in the quiz. The quiz was conducted on 23 to 25th April 2020.
- 2) The seven NSS Volunteers have prepared social awareness video and Poster on Corona pandemic. During this activity the volunteers have informed about social distancing, wearing mask and following all the rules to fight against covid 19. The awareness posters and videos were forwarded on social media. The social awareness was created during the entire month of April.

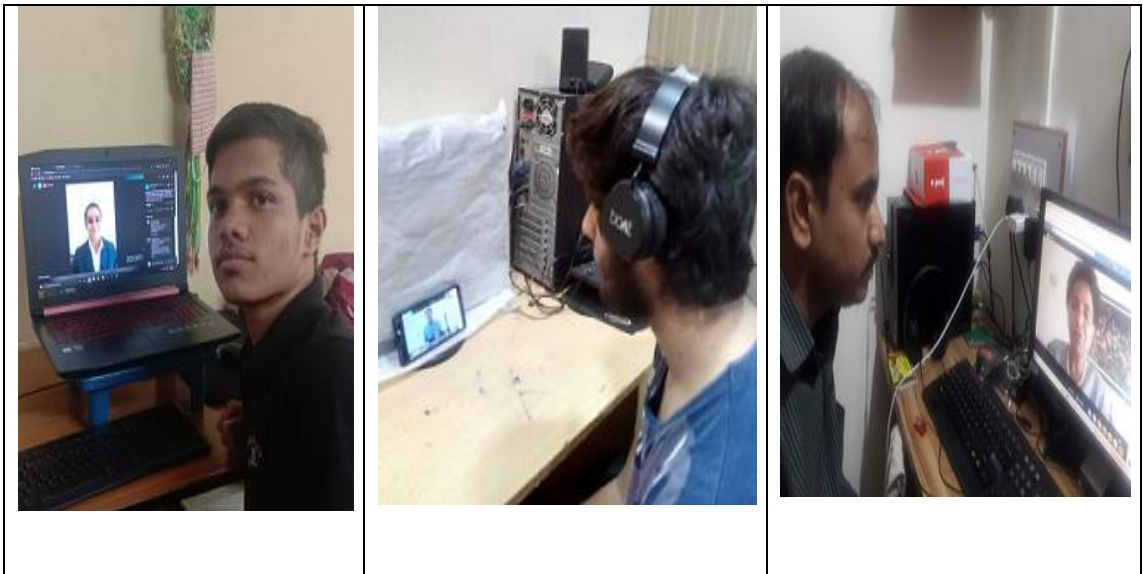


3) NSS volunteers took part in survey on Covid education. Twenty NSS volunteers visited the families staying in their building and nearby society. During the survey they spread awareness regarding precautionary measures to be taken against Covid. They informed about Arogya Setu app and appealed the people to use it. They also gave information about various covid center and emergency contact numbers in their areas.



4) NSS volunteers and alumni downloaded Arogya setu app and fill the information and also completed United Nations International Children's Emergency Fund (UNICEF) training on youtube.

5) NSS Program officer and NSS volunteers attended MOYAS and UNICEF workshop on Facebook and also Uploaded photos to the facebook account provided by SPPU.



NSS PO and volunteers attended MOYAS and UNICEF workshop

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce, Pune
NSS Report 2020-21

Name of the Event: Celebration of International Yoga Day

Organised by NSS Unit

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To make people aware of physical and mental diseases and its solutions through practicing yoga.

Date and time of the event: 21th June 2020, Time 8.30 am onwards

Venue: Online

Number of staff and Student attend the event: 40

Resource person's name and contact details: Dr. A.J.Thanawala Pune.

Contact person: 9326028303

Report

The International Yoga Day was celebrated virtually in Kaveri College of Arts, Science and Commerce, Pune on 21st June 2020 with great zeal and enthusiasm. This year's theme was 'Yoga at Home and Yoga with Family'. All the teachers and students joined the celebration virtually in wake of Covid -19.

To spread awareness about Yoga and its benefits, the College had organized an event in association with Datta Kriya Yoga International Pune Center. Dr. A. J. Thanawala, was the resource person for this session.

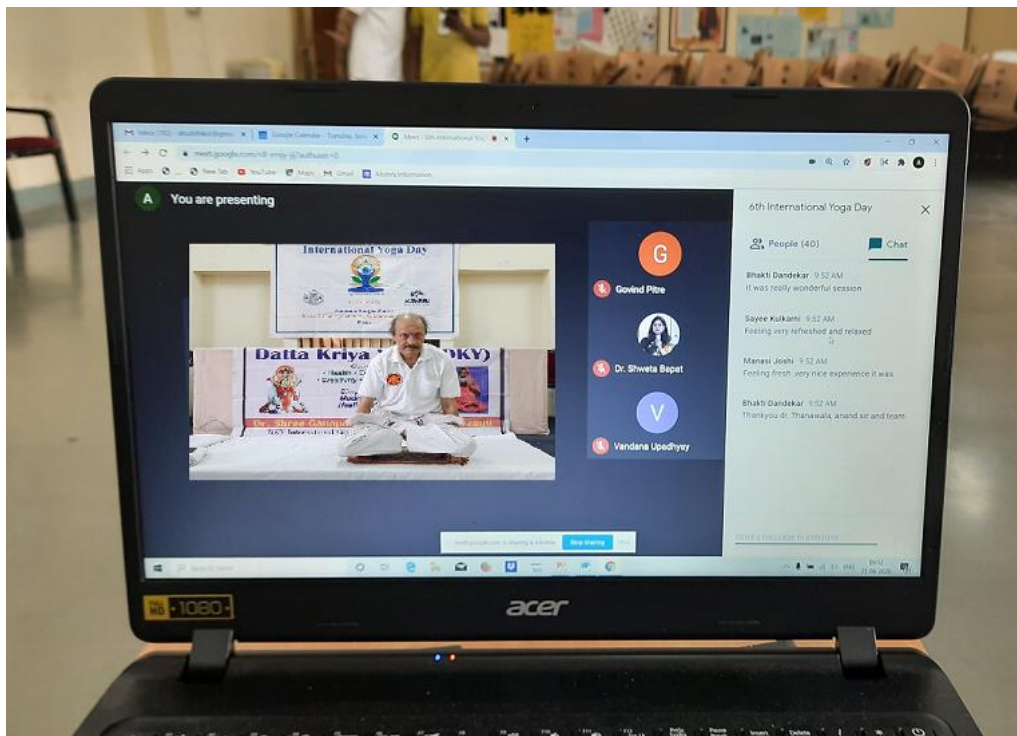
Principal, Dr. Ashok Agrawal inaugurated the session. In his inaugural address, he expressed the importance of Yoga for a healthy life. He said that Yoga keeps us physically, mentally and spiritually balanced. He mentioned

that Yoga is the best medicine for sculpting the body both internally and externally.

Dr. Thanawala explained the concept of Pran-Shakti, an essential component to keep our body and mind in healthy disposition. He also said that transformation of the mind is the greatest miracle which can be achieved through the ancient science of Yoga. He said that Yoga helps in curing many chronic and incurable diseases through various asanas and 'Naadishuddhi Kriya'. Dr.Thanawala conducted a session on 'Namaskar Mudra, Meditation, Pranayam and breathing techniques, Suryanamaskar and musical meditation for the participants. He also shared the information about the 'NadiShuddhi Exercise App' for practicing yoga in daily life.



Dr. A. J. Thanawala, Trainer Datta Kriya Yoga



Dr. Thanawala explained the concept of Pran-Shakti

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Virtual Vari

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi

Objective of the event:

1. Swaccha Vari Swasth Vari Nirmal Vari Harit Vari
2. Green environmental by tree plantation

Date and time of the event: 29th June to 4th July 2020

Venue:

Number of students who attend the event: 30 volunteers

Report

As per the directives from SPPU National Service Scheme department, the NSS volunteers of our college actively took part in "Swaccha Vari Swasth Vari Nirmal Vari Harit Vari", organised during 29th June to 4th July 2020. During 'Vari' students participated in various events organised by NSS unit, the details are as follows:

1. NSS Program officer attended virtual meeting for planning events in Swaccha Vari on 28th June
2. The inauguration function of Swaccha Vari was organised on 29th June at SPPU. The NSS Program officer, Assistant Program officer and total 53 volunteers attended the function which was organised on virtual platform due to Covid-19 pandemic. The inauguration was done at the hands of Vice Chancellor Hon. Prof. Dr. Nitin Karmalkar in the presence of Hon. Rajesh Pande Member of Management Council (SPPU), Pro Vice Chancellor Hon. Dr. N.S Umarani, Registrar, and

Hon.Dr. Prafulla Pawar, Director NSS, Dr. Prabhakar Desai, Director, BSD Dr. Santosh Parchure and other.

3. All the NSS Volunteers took part in tree plantation event and planted more than 100 saplings near their residence.
4. They also cleaned their society/area
5. The tree plantation snapshots of with Geo tag were uploaded to the facebook account provided by SPPU.
6. On 4th July NSS PO and 50 volunteers attended valedictory function conducted at SPPU.



NSS volunteers attended Inauguration of Swaccha Vari on virtual platform



Tree plantation snapshots of with Geo tag



Savitribai Phule Pune University
National Service Scheme & Board of Students Development

॥ स्वच्छ वारी-स्वस्थ वारी  निर्मल वारी-हरित वारी ॥
॥ SPPU NSS वारी ॥

PARYAVARN -SWACCHATA DOOT
Appreciation Certificate
Shelke Khushi Devendra

Kaveri College of Arts, Science and Commerce ,Pune

For volunteering time and efforts in the Swaccha Wari, Swasth Wari, Nirmal Wari, Harit Wari, organized by Savitribai Phule Pune University, NSS & BSD.

He/She participated in Cleanliness Drive, Health Awareness, Sanitation & Tree Plantation Program on Pune to Pandharpur dindi road, dated 29 June to 23 July 2020.



(Signature)

Dr. Santosh Parchure
Director
Board of Students Development
Savitribai Phule Pune University

(Signature)

Dr. Prabhakar Desai
Director
National Service Scheme
Savitribai Phule Pune University

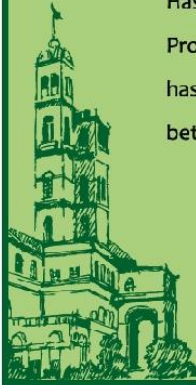


Savitribai Phule Pune University
National Service Scheme
Tree Plantation
Appreciation Certificate

Housur Isha Praveen

Kaveri College of Arts, Science and Commerce ,Pune

Has been appreciated for his performance in Sapling Distribution and Tree Plantation Program organized by Savitribai Phule Pune University, National Service Scheme. He/She has actively participated in plantation drive in college adopted village and college campus in between 1st to 7th July 2020 .



(Signature)

Dr. Prabhakar Desai
Director
National Service Scheme
Savitribai Phule Pune University

Kannada Sangha Pune's

Kaveri College of Arts, Science and Commerce

NSS Report 2020-21

Name of the Event: Celebration of 51st NSS Foundation Day

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. Role of NSS volunteer in nation building

Date and time of the event: 24th September 2020, Time 1.00 pm onwards

Venue: Online

Number of students who attend the event: 30 volunteers

Resource person's name and contact details: Prof. Shashikant Soman,
Cummins college of Engineering Pune.

Contact person: 9423571695

Report

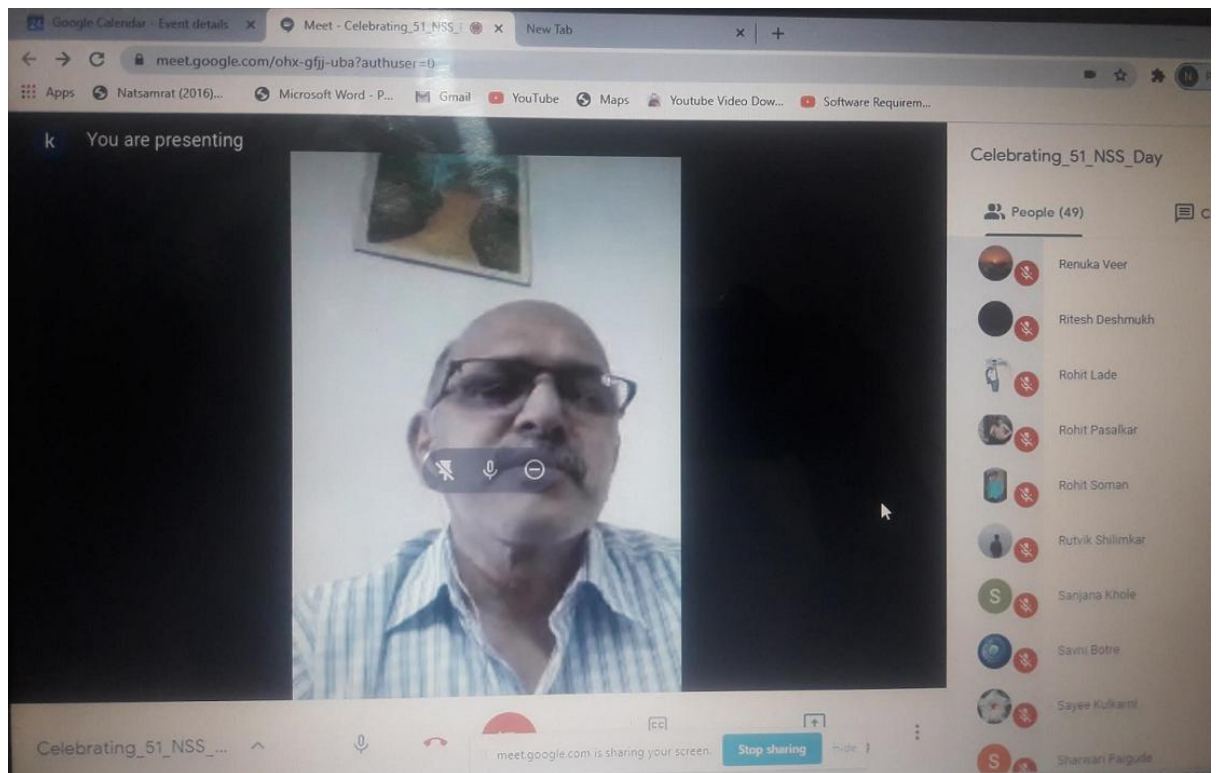
Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce have organized a Guest Lecture on the occasion of 51st NSS Foundation Day on 24th September 2020 through online platform of Google meet in this pandemic situation.

Mr. Nilesh Nemade, Programme Officer, NSS unit introduced the event and welcomed the Guest Speaker Prof. Shashikant Soman, Dr. Ashok Agrawal, Principal, Dr. Muckta Karmarkar, Vice Principal, other committee members and students.

Prof. Shashikant Soman, was guest speaker for the day. He advised students to follow three rules for healthy life style during this Covid 19, pandemic situation. He emphasized on following regular exercise, healthy diet and

adequate rest for healthy mind and body. He also advised students to be more responsible citizens by helping in the household and having healthy communication with elderly in the house. Total 49 students were benefitted

Mrs. Manasi Joshi, Assistant Programme Officer, proposed vote of thanks.



Virtual Session on Role of NSS volunteer in Nation Building

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Celebration of Mahatma Gandhi Jayanti on 2nd October

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To inspire through "Thoughts of Mahatma Gandhi"

Date and time of the event: 2nd October, Time 3.00 pm onwards

Venue: Online

Number of students who attend the event: 53volunteers

Resource person's name:

Dr. Sudhir Gade, Abasaheb Garware College, Pune

Contact person: **9860366433**

Report

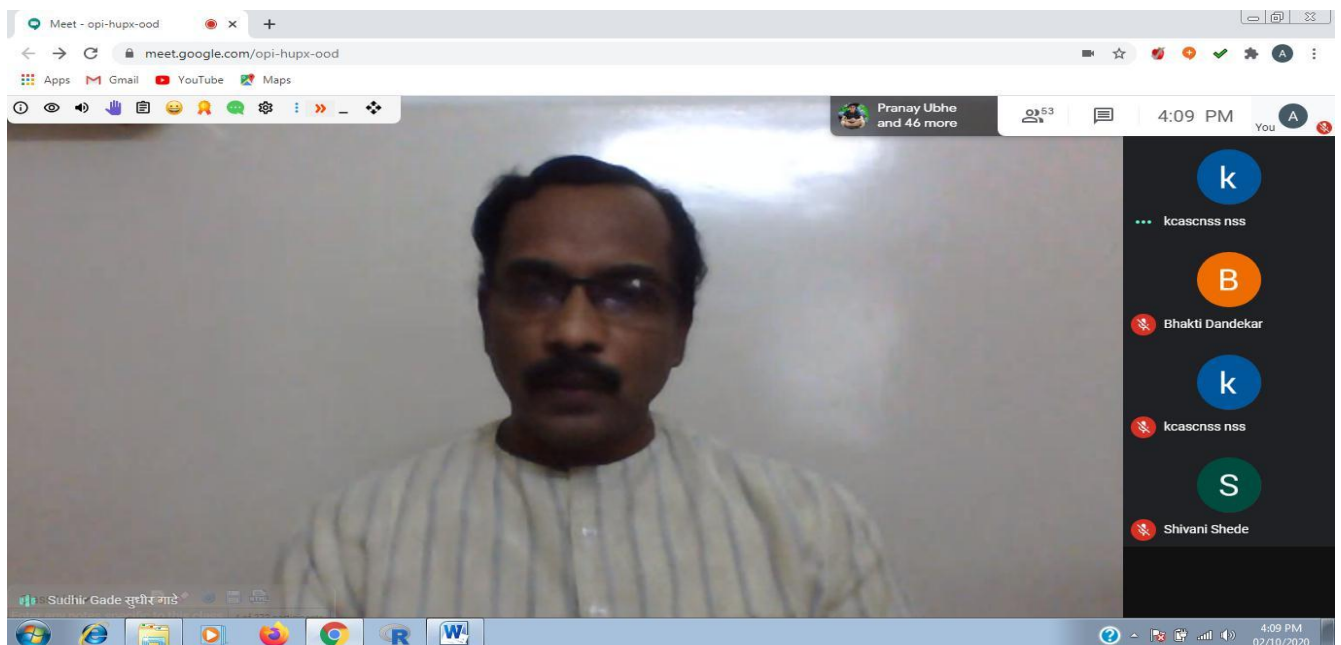
Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce have organized a Guest Lecture on the occasion of Mahatma Gandhi Jayanti on 2nd October 2020 through online platform of Google meet in this pandemic situation.

Mr. NileshNemade, Programme Officer, NSS unit introduced the event and welcomed the Guest Speaker Dr. Sudhir Gade, Dr. Ashok Agrawal, Principal, Dr. MucktaKarmarkar, Vice Principal, other committee members and students.

Dr. Sudhir Gade, was guest speaker for the day. Dr. Sudhir Gade is involved in teaching of Electronics in Abasaheb Garware College, Pune since year

2001. He is joint secretary of Maharashtra Education Society, Pune. On this occasion he talked about various aspects of life of Mahatma Gandhi. He also talked the similarity and adoption of Gandhiji's view about education adopted in new proposed education structure. He also given various examples where Gandhiji have implemented all his thoughts into practice in his own life. He portrayed the transformation of Mohandas Karamchand Gandhi into Mahatma Gandhi through various events. He unfolded the life and values taught by Gandhiji and also emphasized that these values can be practiced even today, which will enable to make this world a better place to co-exist. Mrs. Manasi Joshi, Assistant Programme Officer, proposed vote of thanks. Total 53 students were benefitted from this programme.

Kaveri College of Arts, Science and Commerce have also organized Essay Writing competition on 'Life of Mahatma Gandhi', 5 students participated in this competition. Poster Competition was also arranged on 'Journey of Mahatma Gandhi' to commemorate the occasion of Gandhi Jayanti, to which 7 students participated



Virtual Session on Thoughts of Mahatma Gandhi

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: A Session on 'My Family My Responsibility'

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni
4. Ms. Bhakti Dandekar
5. Ms. Ashwini Kale

Objective of the event:

1. The importance of responsibility towards family members in pandemic situation of COVID 19.

Date and time of the event: 17th October 2020, **Time** 3.00 pm onwards

Venue: Online

Number of students who attend the event: 40 **volunteers**

Resource person's name and contact details:

Ms. Sarita Chitodkar

Report

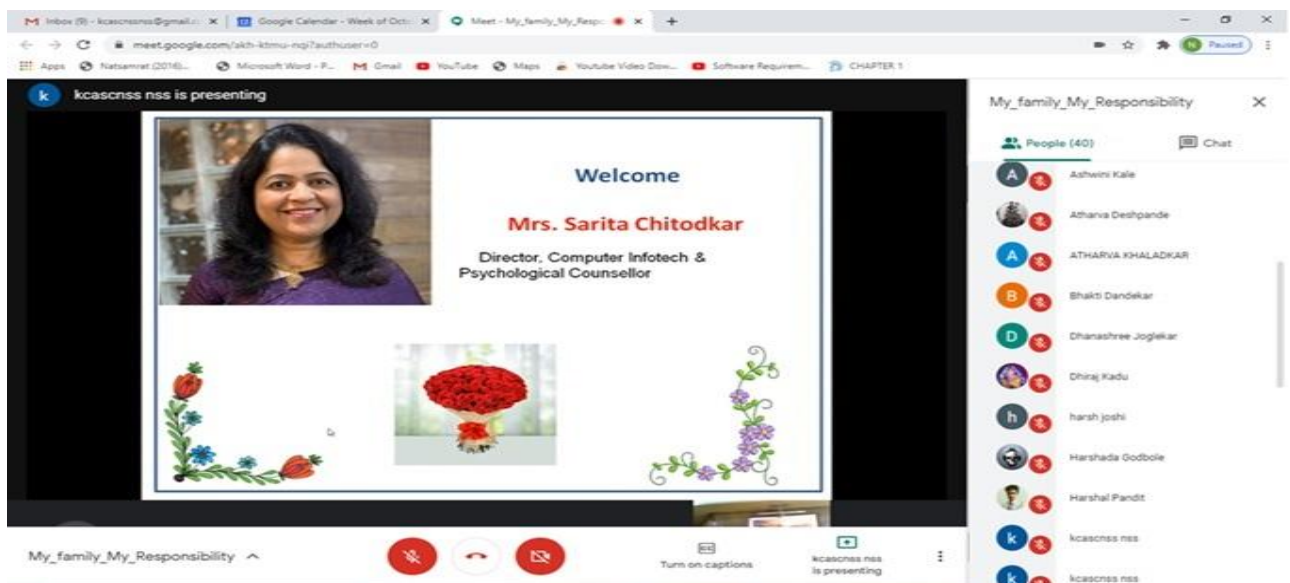
NSS unit of Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce organized a virtual session through Google meet platform on the topic 'My Family My Responsibility' on 17th October 2020. Ms. Sarita Chitodkar was the resource speaker for the session. She is actively involved in social service activities and counselling since last 14 years.

Mrs. Manasi Joshi, Assistant Programme Officer, NSS unit, introduced the event and welcomed Ms. Sarita Chitodkar, Resource Speaker, Dr. Ashok

Agrawal, Principal, Dr. Muckta Karmarkar, Vice-Principal, Mr. Nilesh Nemade, Programme Officer, committee members and students.

Ms. Sarita Chitodkar, Resource Speaker for the day emphasized that all NSS volunteers should take the responsibility of their family members in this pandemic situation of COVID 19. Youth can bring favourable changes in the society. She also focused on the issue of mental and physical health during these difficult times. Students should take care of elderly as well as young family members. Ms. Sayee Kulkarni, member NSS proposed vote of thanks.

Total 40 students were benefitted from this event.



Virtual Session on My Family My Responsibility'

Kannada Sangha Pune's

Kaveri College of Arts, Science and Commerce

NSS Report 2020-21

Name of the Event: Vigilance awareness week- Role of women in social work

Under Vigilance awareness week various activities were conducted as per SPPU directives including online awareness, oath taking and session on Role of women in social work

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni
4. Ms. Bhakti Dandekar
5. Ms. Ashwini Kale

Objective of the event:

1. To spread vigilance awareness.

Date and time of the event: 27th October to 2nd November 2020

Venue: Online

Number of students who attend the event: 60 volunteers

Resource person's name :

Ms. Ashmita Pawar

Contact person: 9822415518

Report

The NSS Department organized events for Vigilance awareness during the week. The oath taking activity was conducted every day as per the guidelines of SPPU.

Also, a session on Role of women in Social work was organised on 31st October 2020 at 8.15 am. The resource person for the session was our alumni Ms. Asmita Pawar, Social worker, Centre for Youth Development

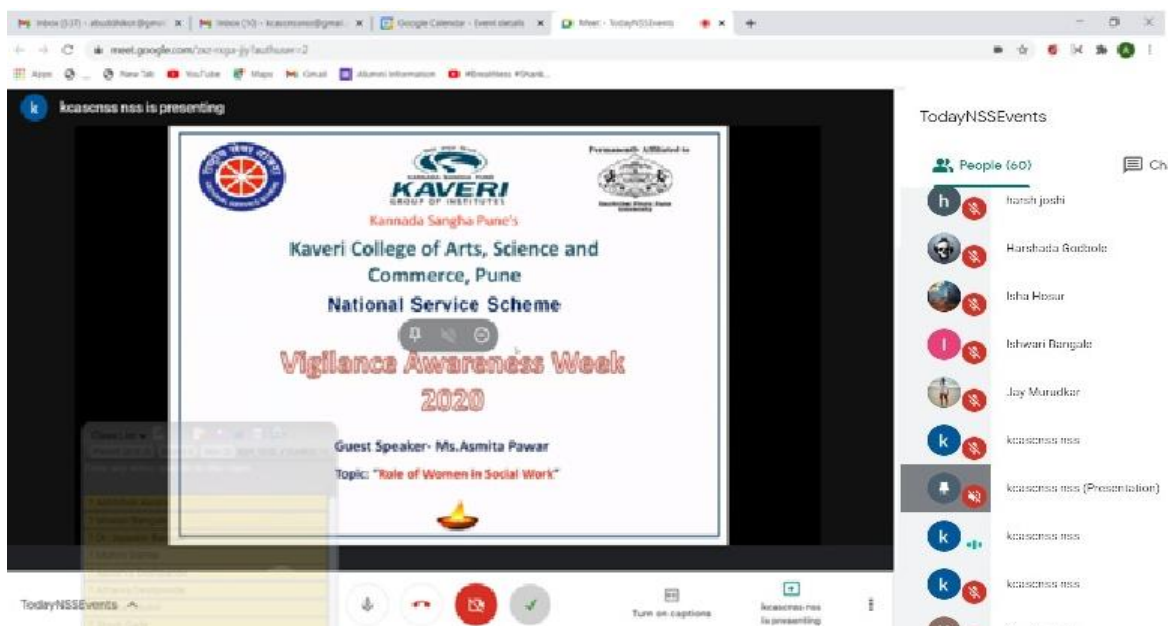
Activity (CYDA). Asmita has completed her MSW from Karve Institute of Social Services.

She highlighted the point during her talk that though it may seem difficult for women to undertake social due to the tough schedules, environment and safety concerns, there is no discrimination against males or females in the area of social work. Both genders are given equal opportunities.

She gave inputs through her personal journey into social work, her mother's encouragement towards her pursuing a career in social work, etc.

She also discussed the avenues in social work like counselling, rehabilitation etc. She also encouraged the students to think of social work as a career option. She put an emphasis on the fact that in spite of working for several hours in the corporate sector this profession is the only one which gives maximum satisfaction to the mind and soul.

Total 60 students and faculty member actively participated in the Vigilance awareness activities.



Virtual Session on Role of women in Social work

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: National Unity Day

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni
4. Ms. Bhakti Dandekar
5. Ms. Ashwini Kale

Objective of the event:

1. To celebrated National Unity Day to commemorate the birth anniversary of Sardar Vallabhai Patel

Date and time of the event: 31st October 2020 Time :9:30am

Venue: Online

Number of students who attend the event: 60 volunteers

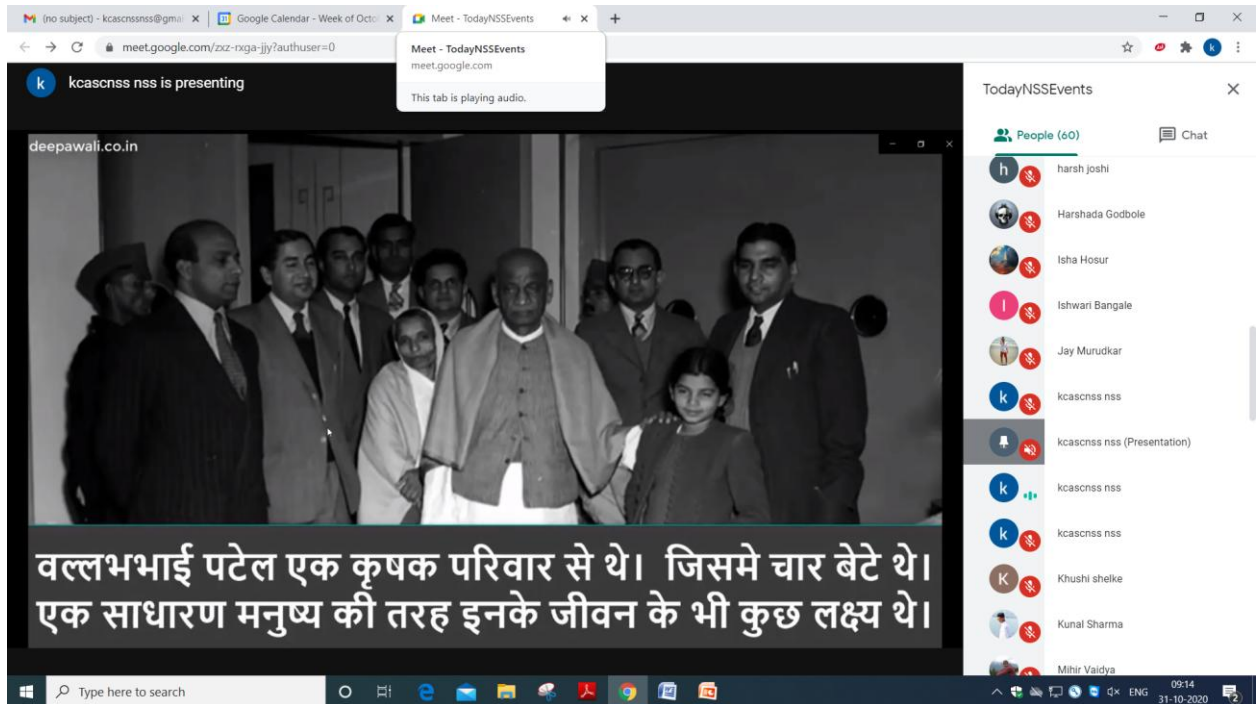
Resource person's name and contact details:

Contact person:

Report

The NSS Unit of the college celebrated National Unity Day to commemorate the birth anniversary of Sardar Vallabhai Patel on 31st October 2020. Mr Nilesh Nemade, NSS Programme Officer introduced the programme. The oath on National unity and integration was administered by Mrs. Manasi Joshi, Assistant NSS Programme Officer and the students wholeheartedly took the oath and pledged to remain united. A Documentary session on the life of the Iron man of India was conducted. A video on the life of Sardar Patel was shown followed by an interactive discussion session. The life and

times of Sardar Patel and his efforts in the unification of the nation was deliberated upon.



The screenshot shows a Google Meet interface. The main video area displays a black and white photograph of Sardar Patel standing with a group of men. Below the video, there is a text overlay in Hindi: "वल्लभभाई पटेल एक कृषक परिवार से थे। जिसमे चार बेटे थे। एक साधारण मनुष्य की तरह इनके जीवन के भी कुछ लक्ष्य थे।" (Vallabhbhai Patel was from a farmer's family. In which there were four sons. Like an ordinary man, there were also some goals in his life.) The top of the browser shows the URL "meet.google.com/zxz-nxga-jjy?authuser=0". The right sidebar shows a list of participants under "TodayNSSEvents", including names like harsh joshi, Harshada Godbole, Isha Hosur, Istiwari Bangale, Jay Murudkar, kcascnss nss, kcascnss nss (Presentation), kcascnss nss, kcascnss nss, Khushi shelke, Kunal Sharma, and Mihir Vaidya. The bottom of the screen shows the Windows taskbar with the search bar and system tray.

Documentary Session on the life of the Iron man of India

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Abhirup Yuva Sansad 2020-21.

Date and time of the event: 5th December 2020.

Number of students who enrolled for new voter: 17

Report

Students from Kaveri College of Arts Science and Commerce Pune participated in Abhirup Yuva Sansad 2020-21 and attended the multiple choice question exam conducted by Abhirup Yuva Sansad.

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Celebration of Samvidhan Diwas

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni
4. Ms. Bhakti Dandekar
5. Ms. Ashwini Kale

Objective of the event:

1. To celebrated Samvidhan Diwas
2. To create awareness of Fundamental Duties as enshrined in the Constitution

Date and time of the event: 26th November 2020 Time :1:00PM

Number of students who attend the event: 40 volunteers

Report

The NSS Unit of Kaveri College of Arts, Science and Commerce celebrated the Samvidhan Diwas on 26th November 2020. This auspicious day was observed online where the NSS volunteers and other students of the college took the oath about the observance of the Indian constitution. The students wholeheartedly took the oath and vowed to observe and respect the Indian democracy and the Indian constitution.

This online event was followed by the oath taking ceremony by the teaching and non-teaching staff of the college. Principal Dr. Ashok Agrawal, Vice Principal Dr. Muckta Karmarkar, NSS Programme Officer Mr. Nilesh

Nemade, Office Superintendent Mr. Ravindra Bhalerao were present for the event.

Principal Dr. Ashok Agrawal first paid tribute to Dr. Babasaheb Ambedkar. He addressed the audience to pay their respect to the Indian constitution. He emphasised on the greatness of the Constitution, which keeps the huge Indian democracy in place. He made the audience aware about the smooth functioning of the political rule which is only because of the provisions in the Constitution. He appealed to everyone to pay respect to the document more than any religious text. He said that the country comes before any religion, or any other group and the country runs on this holy document.

He also paid his tributes to the martyrs of the 26/11 terrorist attacks and the martyrs of other terrorist attacks. Mr. Nilesh Nemade, NSS programme officer administered the constitutional oath. All the teaching and non-teaching staff members participated in the oath taking ceremony. Mrs. Bhakti Dandekar compeered the event.

All the COVID 19 protocols and social distancing norms were followed rigorously during the entire event.



Oath taking ceremony on Samvidhan Diwas

The screenshot shows a Google Meet interface during a virtual ceremony. The main display area shows a presentation slide with the following text: "Kaveri College of Arts, Science and Commerce, Pune", "National Service Scheme", "Celebrating Samvidhan Diwas", and "On 26th November 2020". The slide also features the logos of the college and the organization, along with a portrait of a man. To the right of the slide, a grid of participant avatars is visible, including Manasi Joshi, Anjlika Multani, Mrunalini Modak, Isha Hoour, Chaitrali Kulkarni, Vivek Kavitate, Bhakti Dandekar, and Abhishek Awate. The bottom of the screen shows the meeting controls, including a chat window with messages from Anjlika Multani: "Good afternoon Ma'am" and "Ma'am camera on karta yena nai". The Windows taskbar at the bottom indicates the time is 13:14 on 26-11-2020.

Virtual Oath taking ceremony on Samvidhan Diwas

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Youth Parliament

Date and time of the event: 28th December 2020

Number of students who attend the event: 5 volunteers

Report

Total 5 volunteers took part in the youth Parliament event organised by SPPU.

List of students participating in Youth Parliament organised at SPPPU. The following five volunteers presented a presentation regarding National Education Policy, Unnat Bharat Abhiyan and unlocking ruler economy
The Following Students participated in the event.

Sr.	Name
1	Parth Wanjale
2	Arjun Karmarkar
3	Prashant Lachake
4	Varsha Kumari
5	Chakrawati Khichi

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
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Name of the Event: New Voters Registration.

Date and time of the event: 3rd December 2020 to 1st January 2021.

Number of students who enrolled for new voter: 87

Report

The NSS unit of Kaveri College and Arts Science and Commerce Pune in association with Election Commission organized a new voter registration camp for the students and the citizens. NSS volunteers worked in process of registration from 3rd December 2020 to 1st January 2021 and passed the data to election commission. The work of volunteers was praised by the election commission.

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Workshop on 'Financial Literacy'

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To create awareness and educate consumers on access to financial services,
2. To educate the public or investors on the Financial Literacy

Date and time of the event: 31st December 2020

Time: 12.30 pm to 2.30 pm.

Venue: Online

Number of students who attend the event: 153 volunteers

Resource person's name and contact details:

1. Mr. Marlin Corriera NSDL
2. Mr. A.K Prabhakar, Head of Research IDBI Capital Markets and Securities Ltd.

Contact person: **9920696058**

Report

The NSS Unit of the college along with our academic partner NSDL organized a financial literacy workshop on 31st December 2020 from 12.30 pm to 2.30 pm.

Mr. Nilesh Nemade, NSS Programme Officer introduced the programme and welcomed the resource persons and the students.

The resource persons for the workshop were Mr. Marlin Corriera from NSDL and Mr. A.K Prabhakar, Head of Research IDBI Capital Markets and Securities Ltd.

Mr. Marlin Corriera talked about financial securities like equity shares, preference shares, etc. He talked about investing, stock markets, etc. He also talked about exchange traded funds, and the power of compounding in the stock markets. He gave the example of Infosys Ltd about how a meagre investment could gain huge returns. He appealed to the students to invest early.

Mr. A. K Prabhakar talked about dematerialization and the procedure of opening a 'Demat Account' and gave detailed information about it. He emphasized on the 'Role of Depository' in the capital market. He also made the students aware about working of Indian Capital market and explained the benefits of investing in the stock market.

After the session, it was opened for questions and answers. The students enthusiastically asked questions to the resource persons. More than 150 participants participated in the workshop. Session was very informative and students enjoyed it a lot.



Virtual Workshop on Financial Literacy

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce

NSS Report 2020-21

Name of the Event: National Youth Day Celebration

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To commemorate **158th birth anniversary of Swami Vivekanand**
2. To inspire through Swami Vivekanand life and thoughts

Date and time of the event: 12th January 2021 Time: 01.00 pm onwards

Venue: Online

Number of students who attend the event: 32 volunteers

Resource person's name and contact details:

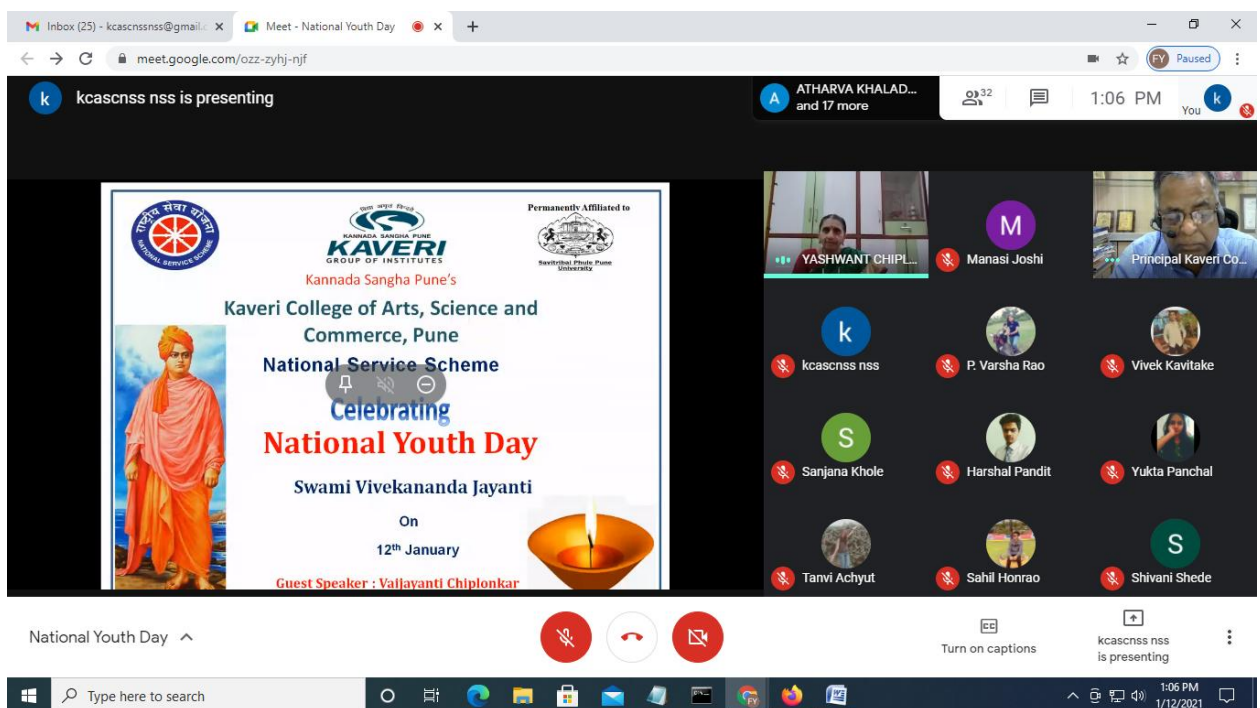
Mrs. Vaijayanti Chiplonkar, Former Principal at Huzurpaga Mahila Vanijya Mahavidyalaya

Report

National Youth Day was celebrated on 12th January 2021. The celebrations started with paying reverence to Swami Vivekananda's portrait by Principal Dr. Ashok Agrawal, Vice Principal Dr. Muckta Karmarkar , NSS Programme Officer Mr. Nilesh Nemade and the Course Coordinators. The birth anniversary of Swami Vivekananda was celebrated through a lecture on the life and learning of Swami Vivekananda. The resource person was Mrs. Vaijayanti Chiplonkar, Former Principal and renowned author. The resource person took us through a verbal story of Swamiji's young life, and talked about his immense intelligence and grasping power. By sharing an anecdote of his young life, Mrs Chiplonkar focused on how the virtue of

social responsibility was imbibed in young Narendra by his mother. She mentioned about the world famous Chicago speech and how it still inspires people. By narrating incidents of Swamiji's life, Vaijayanti Chiplonkar madam talked about self talk, self confidence and self dialogue. She also talked about how Swami Vivekananda's mentor Shri Ramkrishna Paramhansa taught to respect the Daridri Narayan and how one should devote time to serve the poor and the disadvantaged.

The session ended by taking the majhi Vasundhara pledge by the staff and students.



Virtual Celebration of National Youth Day

Kannada Sangha Pune's

Kaveri College of Arts, Science and Commerce

NSS Report 2020-21

Name of the Event: The Changing Mindset of Youth due to COVID 19

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To highlight the changing mindset of youth in Covid-19

Date and time of the event: 18th January 2021

Time: 12.00 noon

Venue: Online

Number of students who attend the event: 33 volunteers

Resource person's name and contact details:

Ms. Rucha Shrikhande, practising Clinical Psychologist

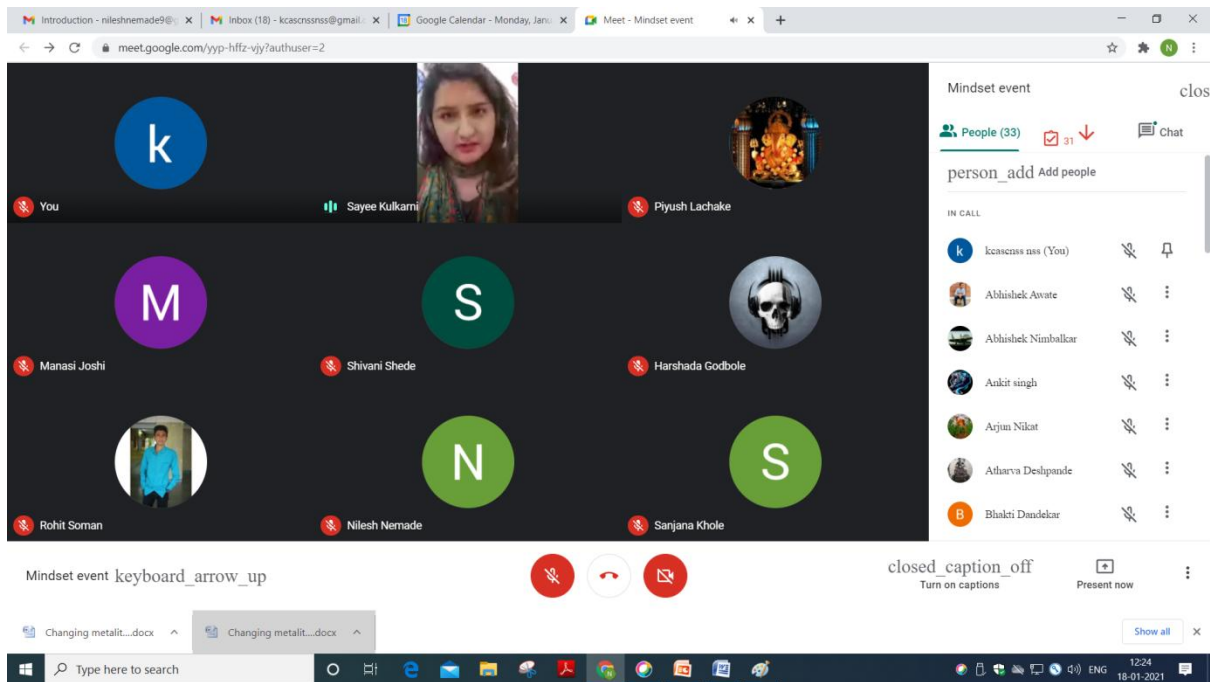
Contact person: 9011036020

Report

On 18th January 2021, a virtual session on 'The Changing Mindset of Youth due to COVID 19' was undertaken by the NSS Unit at 1 pm. Dr. Ashok Agrawal, Principal, Dr. Muckta Karmarkar, Vice Principal attended the session. Mr. Nilesh Nemede , NSS Programme Officer introduced the topic and the guest. The resource person of the session was Ms. Rucha Shrikhande, practising Clinical Psychologist. She stressed on the difference in physical and mental health. She brought to the notice of the audience that due to the pandemic and the lockdown there has been a tremendous increase in the cases of depression. The worry about the future has led to cases of anxiety and stress. She discussed the issues of the pandemic like no physical activity, career obstacles, work life balance, negative thinking etc.

She gave a four point remedy to the above issues, which were- express your feelings, find out what one needs, What are the things that can make oneself happy and feeling happy about yourself.

Mrs. Bhakti Dandekar proposed a vote of thanks. During the session, all COVID guidelines were strictly adhered to and norms regarding social distancing, mask wearing and use of soap and sanitizer were followed.



Virtual session on Changing Mindset of Youth due to COVID 19

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce

NSS Report 2020-21

Name of the Event: National Voters Day

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. The aim is to encourage our voters to participate enthusiastically in the democratic process

Date and time of the event: 25th January 2021

Time: 11.00 am

Venue: offline

Number of students who attend the event: - 12

Report

The NSS Unit of Kaveri college of Arts, Science and Commerce celebrated National voters Day on 25th January 2021. On this occasion oath taking activity was conducted. During this event Principal Dr. Ashok Agrawal, Vice Principal Dr. Muckta Karmarkar, NSS Programme Officer Mr. Nilesh Nemade, Office Superintendant Mr. Ravindra Bhalerao, Teaching and non teaching staff of the college were present.



Oath taking ceremony on National Voters Day

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Marathi Bhasha Samvardhan Pandharwada

Various activities like distribution of popular e books, making posters and session on Marathi Bhasha Samvardhan were conducted to promote Marathi language and culture

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni

Objective of the event:

1. To promote and propagate Marathi Language and culture

Date and time of the event: 20th January 2021 to 28th January 2021

Time: 12.00 noon

Venue: online

Number of students who attend the event: - 29

Resource person's name and contact details: Prof. Vrushali Deodhar

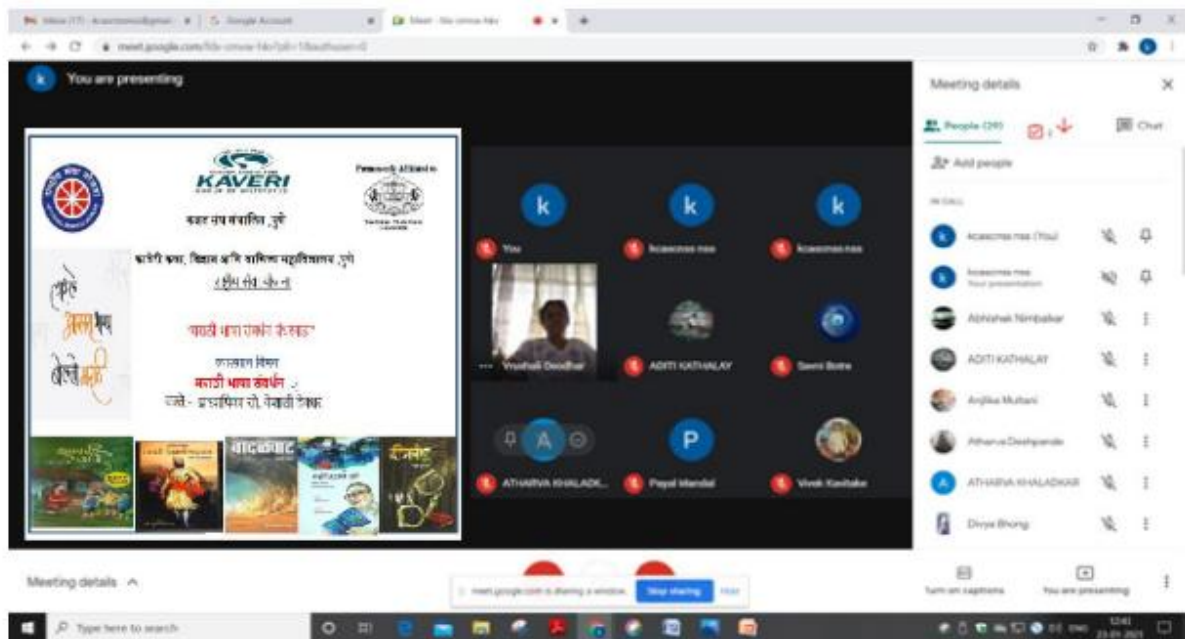
Report

As per SPPU guidelines during 14th January 2021 to 28th January 2021, the NSS unit distributed various e-books in Marathi like Kalidas, Dadasaheb Phalke, Mahatma Gandhi, Pandita Ramabai etc. to promote the language and encourage students to read Marathi. Students also prepared posters on promoting Marathi culture.

A lecture by Prof. Vrushali Deodhar was organised on 23rd January 2021 on Promotion of Marathi language. She emphasised on reading as it leads to personality development. She also said that language is a tool to facilitate

communication and expression of thoughts. She also mentioned various famous and talented writers like Da. Ma. Mirasdar, Va. Pu. Kale, Shankar Patil to name a few. She emphasized on the use of Marathi language.

Dr. Ashok Agrawal, Principal, Dr. Muckta Karmarkar, Vice-Principal were present for the event. Mr. Nilesh Nemade, Programme Officer, NSS welcomed participants and Mrs. Manasi Joshi, Assistant Programme Officer proposed vote of thanks. Many students participated in the activities and benefitted from the events organised by the college.



Virtual session on Marathi Bhasha Sawardhan

Kannada Sangha Pune's
Kaveri College of Arts, Science and Commerce
NSS Report 2020-21

Name of the Event: Martyr's Day (Hutatma din)

Organised by NSS Department

Members present:

1. Mr. Nilesh Nemade
2. Ms. Manasi Joshi
3. Ms. Sayee Kulkarni
4. Ms. Bhakti Dandekar
5. Ms. Ashwini Kale

Objective of the event:

1. To pay tribute to the victims who fought for India's independence, welfare and progress.

Date and time of the event: 30th January 2021 **Time:** 8:30

Number of students who attend the event: - 6 volunteers

Report

The NSS Unit of Kaveri college of Arts, Science and Commerce observed Martyr's Day on 30th January 2021 to commemorate the death Anniversary of Mahatma Gandhi and the martyrs who have laid their lives for the motherland. Principal Dr. Ashok Agrawal, Vice Principal Dr. Muckta Karmarkar, NSS Programme Officer Mr. Nilesh Nemade, Office Superintendant Mr. Ravindra Bhalerao, Teaching and non teaching staff of the college were present for the event.

A few student NSS volunteers did shramadaan and cleaned the college campus on this day. Principal Dr. Ashok Agrawal first paid tribute to Mahatma Gandhi and recalled the sacrifices made by the martyr's. The teaching and non teaching staff observed two minutes of silence to pay tribute to Mahatma Gandhi and other martyrs. Ms. Sayee Kulkarni compeered the event.

All the COVID 19 protocols and social distancing norms were followed rigorously during the entire event.



Cleanliness Drive on the occasion of Hutatma Din at College Campus